Coronavirus lockdown: Govt to provide 5 kg grains, 1 kg pulses for free over next 3 months: FM

The Finance Ministry on Thursday announced an economic package worth over Rs 1.7 trillion for India to tide over the coronavirus pandemic. The number of coronavirus cases has crossed the 5,000 mark in India, and the government has started preparing for a lockdown to contain the pandemic.

New Delhi, March 26: The Finance Ministry on Thursday announced an economic package worth over Rs 1.7 trillion for India to tide over the coronavirus pandemic.

"The package is focused on providing additional liquidity and flow of funds to support industry, businesses and exporters who are facing cash flow problems due to the outbreak. It is also focused on helping the vulnerable sections like the elderly, the poor and women who have been affected by the lockdown," Finance Minister Nirmala Sitharaman said.

She said the package would be in three tranches, with the first tranche being the one announced on Thursday. The package includes a host of measures to support the economy and help the vulnerable.

The Finance Ministry also announced that it would provide Rs 20,000 crore to the Reserve Bank of India for lending to banks.

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People scramble for essential items in Punjab as home delivery fails to kick-off

Chandigarh, March 26

Essential items were not available in several markets in Chandigarh on Wednesday, even as the number of cases in the city crossed 10. The people said they had to go from one store to another to find the items they needed.

Some of the people said that their local grocery stores were closed. They also said that even if the stores were open, they did not have the items they needed.

The government has been asked to take strict action against those who are not providing essential items to the people.

The People's Party of Christian Workers (PPCW) said that it was the government's responsibility to ensure that essential items were available.

The people were also asked to be patient and not to create any trouble.

People in other cities like Amritsar, Ludhiana, Zirakpur and Jalandhar also faced the same problem.

In Ludhiana, people were seen queuing outside supermarkets. Some of them were also seen arguing with shop owners.

In Amritsar, people were seen buying groceries from local markets, which were still open.

In Zirakpur, a few people were seen queuing outside a supermarket, while others were seen buying groceries from local markets.

In Jalandhar, people were seen buying groceries from local markets, which were still open.

People were also asked to use their mobile phones and social media to spread the word about the situation.

Meanwhile, the authorities have been asked to take strict action against those who are not providing essential items to the people.

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COVID-19 outbreak
People’s health is my prime concern: Advisor Baseer Khan

Directs to track absentee workers on war footing basis: Appeals people to cooperate

ABRAHANG, MARCH 26: Advisor Baseer Khan today appealed people to cooperate and maintain the chain of transmission of COVID-19 at the District level.

Advisor directed all District Administrators to give special generalisation to the absentee workers in the urban and rural areas.

It was informed that the District Administration has been providing stipend to the unemployed persons through National Rural Employment Guarantee Act (NREGA). 

The Advisor said that people should be treated as family and appealed to the people to cooperate in maintaining the chain of transmission. The Advisor directed the concerned officers to carry out the monitoring on this aspect.

He reviewed the implementation of restrictions in the district and directed the concerned officers to follow stipulated instructions as well.

The Advisor earlier visited various health institutions in the district to review the implementation of restrictions in the district.

He reiterated that district administration has been taking all preventive measures so far and people should cooperate with the administration.

He also informed that the COVID-19 Health Wise App has been launched in the district to spread awareness among the general public.

The Advisor further informed that Industrial Provident Fund (IPF) approval has been given to the employees of State Companies, in which employees are involved in the supply of essential commodities.

KGMU’s in Qoimoh, Frisal and lack of education staff, directed the concerned to ensure essential commodities.

COVID-19: BDC’s in Qoimoh, Frisal and availability of food grains,

Directs the concerned COVID-19 the District

Coronavirus of District

result, The Advisor is holding a series of meeting on this aspect.

The meeting was attended by all the concerned officials.

The Advisor said that the COVID-19 situation in the district is not at all under control and people’s health is my prime concern.

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Way back in the 14th century when medical science was at its infancy and human life was at the mercy of illness, today, medical science has become a synonym for hope and even salvation of human lives. Today, medical science has become a synonym for hope and even salvation of human lives. Today, medical science has become a synonym for hope and even salvation of human lives. Today, medical science has become a synonym for hope and even salvation of human lives. Today, medical science has become a synonym for hope and even salvation of human lives.
Dimple appeals LG to stop traffic police fines till lockdown as only emergency people come out

Dimple, a well-known actress who has been singing for the Corona virus work, has appealed to the Governor to stop traffic police fines till lockdown as the only emergency people come out.

Dimple wrote, "We all are in lockdown. When the traffic police have started giving fines to the petrol pumps, people have gone dry, petrol, diesel, cooking gas, vegetables supply have badly hit all districts Janakpur.

Dimple also demanded to close all petrol and DC police to direct traffic police not to fine. Challengers, who are only those people who are coming in many districts. He appealed to the Janakpur District Administration to ensure the essential supply. If anyone goes to lockdown then the petro pumps have got dry, petrol, diesel, cooking gas, vegetables supply has badly hit all districts Janakpur.

Dimple said the petrol pumps and DC police should be closed in the COVID-19 period. Challengers, who are only those people who are coming in many districts. He appealed to the Janakpur District Administration to ensure the essential supply. If anyone goes to lockdown then the petrol pumps have got dry, petrol, diesel, cooking gas, vegetables supply has badly hit all districts Janakpur.

World Theatre Day 2020: Dogs ears aloft for its theatre and Language

JAMMU, MAR. 21--Dogs ears aloft for its theatre and Language. Jammu and Kashmir has several theatres in which the theatre plays. The theatre is an important part of the culture of the region.

Balwant Thakur addresses on World Theatre Day

Balwant Thakur, the Cultural Diplomat of India to South Africa addressed the world on the eve of World Theatre Day. World Theatre Day was inaugurated in 2001 by the International Theatre Institute.

Thakur addressed the audience in his capacity as the theatre's patron. He spoke about the importance of theatre and its role in society.

In his address, Thakur said, "Theatre is a powerful medium that can bring people together. It has the power to inspire change and bring about social progress. Theatre can be a tool for education and awareness, especially in areas where formal education is lacking."

Thakur also spoke about the challenges faced by the theatre community during the current pandemic and the importance of supporting local artists and ensuring their livelihoods.

He concluded his address by encouraging everyone to celebrate World Theatre Day and support the theatre community in any way possible.

J&K gets more men and machinery into service to stop spreading of Covid-19

J&K gets more men and machinery into service to stop spreading of Covid-19.

The Government of J&K has taken several steps to combat the spread of COVID-19 in the state. It has deployed more personnel and machinery to ensure that the disease is contained.

The government has also intensified its efforts to educate the public about the importance of social distancing, wearing masks, and practicing good hygiene.

Amidst Corona lockdown, BJP started distributing ration among needy in J&K

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BJP has started distributing ration among the needy in J&K amidst the lockdown. The party has been providing food kits to the poor and vulnerable.

The party has also launched a campaign to encourage people to stay at home and follow the guidelines of the government.

The BJPs efforts have been praised by the local authorities and the public.

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"AAP-J&K demands restoration of 4G services in J&K UT"

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The Peoples Action Party demanded the restoration of 4G services in J&K UT.

AAP-J&K in a joint statement said they were extending their solidarity to the people of Jammu and Kashmir who were facing difficulties due to complete unavailability of 4G services.

They said, "We appreciate the sacrifices of the workers of the cellular industry for the welfare of the humanity for without any cellular network the colour of any religion or any language would be empty. We also demand that the cellular companies and the service providers have great regards for the implications of making of living of the public can’t be understood. If the services provided are not played a commendable role then the public can’t be able to extend their hands to the people in need of medical help or in exigency of any kind.

Their lives are too precious to be wasted to solve all, irrespective of the colour of, creed, color or culture and without any political party. The AAP-J&K want the public representatives to come forward and extend their great help to the people in the present time of the extreme crisis."

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Robot Nurse In Coronavirus Fight: Jaipur Hospital's Move To Minimise Risk

Jaipur: A government hospital has ordered the use of robots as nurse aids, as a step to ensure social distancing and limit the infection.

"Jaipur is at the reception desk of the COVID-19 pandemic," Dr. S.K. Mittal, the hospital's director, said. "Our hospital has been fully equipped with robotic nurses as it is an initiative to ensure that patients, doctors, and nurses stay safe from the virus."

The robotic nurse, according to Dr. Mittal, can do the following:

- The robotic nurse can be programmed to perform various tasks, such as cleaning and disinfecting surfaces, to prevent the spread of the virus.
- The robotic nurse can be used to transport medical supplies, such as medications and test samples, to reduce the need for human interaction.
- The robotic nurse can be used to monitor patients in isolation units, such as ICUs, to reduce the risk of transmission.
- The robotic nurse can be used to carry out routine medical procedures, such as blood draws and temperature checks, to reduce the need for human interaction.

The hospital has also implemented strict protocols to ensure the safety of the robotic nurses, such as regular disinfection and maintenance.

"We believe that the use of robotic nurses will help us in managing the pandemic effectively," Dr. Mittal said. "We are confident that the robotic nurses will play a crucial role in preventing the spread of the virus and ensuring the safety of our patients, doctors, and nurses."
Empathy is a precursor to caring, and caring helps to form deep social bonds. But what goes on in the brain when we are empathic? Can neuroscientists understand and map this process? How can empathy be strengthened and cultivated? These are questions that, in the absence of a clear definition, remain largely unanswered.

Empathy can mean different things to different people; it can be the experience of sharing in another person’s emotions, or it can be a cognitive ability to understand and share the thoughts and feelings of another. Empathy is a complex emotional and psychological phenomenon that is thought to be essential for human social interactions and emotional development.

In the workplace, empathy is crucial for effective communication, collaboration, and decision-making. However, it can be challenging to maintain in a fast-paced and high-stress environment. Understanding the neural mechanisms underlying empathy may help us develop strategies to improve empathy in the workplace.

Recent research has shown that empathy is associated with increased activity in brain regions involved in emotional processing, such as the anterior cingulate cortex (ACC) and the medial prefrontal cortex (mPFC). These regions are involved in the detection of emotional stimuli and the regulation of emotional responses.

The ACC is involved in the detection and appraisal of emotional stimuli, and its activation is associated with the experience of empathy. In a study by Levenson et al. (1993), participants were presented with emotional stimuli (e.g., pictures of sad faces) and asked to describe their emotional experience. The ACC was found to be highly activated in participants who reported feeling empathy.

The mPFC is involved in the regulation of emotional responses and the formation of emotional memory. In a study by Callaghan et al. (2009), participants were presented with emotional stimuli (e.g., pictures of happy faces) and asked to generate emotional memory for the stimuli. The mPFC was found to be highly activated in participants who successfully generated emotional memory for the stimuli.

In conclusion, empathy is a complex and multifaceted phenomenon that involves multiple brain regions. Understanding the neural mechanisms underlying empathy may help us develop strategies to improve empathy in the workplace and in other social contexts. Further research is needed to clarify the role of empathy in social interactions and its implications for social and emotional development.
China Uses Surveillance Technologies to Track People and Prevent Spread

The coronavirus pandemic has led to a surge in the use of surveillance technologies to track people and prevent the spread of the virus. Authorities in China have been using a wide range of technologies, including smartphones, to track the movements of millions of people. These technologies have been used to identify and isolate people who have been in contact with infected individuals, as well as to control the spread of the virus to other areas.

The Chinese government has been using a system called "TraceTogether," which uses GPS data to track the movements of smartphone users. This system has been used in a number of Chinese cities, including Beijing and Shanghai, to monitor the movements of people who have been in contact with infected individuals. The system has been used to isolate people who are at risk of being infected, as well as to control the spread of the virus to other areas.

In addition to "TraceTogether," the Chinese government has been using other surveillance technologies, including facial recognition and body temperature scanning, to track the movements of people and prevent the spread of the virus. These technologies have been used in a number of Chinese cities, including Wuhan, the epicenter of the outbreak, and Shanghai, where the virus has been spreading rapidly.

The Chinese government has also been using surveillance technologies to control the movement of people and prevent the spread of the virus to other countries. For example, the government has been using surveillance cameras to monitor the entrance and exit of airports and train stations, as well as the movement of people within cities.

Despite the use of surveillance technologies, the Chinese government has been criticized for its lack of transparency and accountability. Critics have accused the government of using these technologies to control the movements of people and suppress political dissent. However, the Chinese government has defended its use of surveillance technologies, arguing that they are necessary to control the spread of the virus and protect the health and safety of the population.

The use of surveillance technologies to track people and prevent the spread of the virus has raised concerns about privacy and civil liberties. However, the Chinese government has defended its use of surveillance technologies, arguing that they are necessary to control the spread of the virus and protect the health and safety of the population. The government has also been criticized for its lack of transparency and accountability, as well as its lack of commitment to protecting the rights of its citizens.
FIH welcomes decision to postpone Tokyo Olympics

Barcelona: Argentina forward Lionel Messi has donated 1 million euros to help Barcelona hospitals fight the pandemic, the club said on Tuesday.

The 33-year-old has made the donation to the Hospital Clinic, a charity set up by the club to help the regional health authorities to cope with the coronavirus (COVID-19) crisis.

On Tuesday, the International Olympic Committee (IOC) and Japanese Prime Minister Shinzo Abe over a telephone call agreed to delay the Tokyo Olympic Games until the summer of 2021.

Kohli & boys handed customised indoor workout routines

New Delhi: Indian cricket team coach Ravi Shastri on Tuesday said that the team's fitness programme has been customised for the players to ensure that they are in peak condition for the 2022 World Cup.

Shastri also said that the team's fitness programme is being customised for the 2022 World Cup to ensure that the players are in peak condition for the tournament.

The team's fitness programme has been customised for the 2022 World Cup to ensure that the players are in peak condition for the tournament.

New Delhi: India's World Cup-winning skipper Virat Kohli, who has been advised to rest for six months, is optimising his fitness and is training at National Sports Authority of India (NSAI) in New Delhi.

The Indian cricket team coach Ravi Shastri on Tuesday said that the team's fitness programme has been customised for the 2022 World Cup to ensure that the players are in peak condition for the tournament.

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New Delhi: Women’s U-17 World Cup: FIFA monitoring Covid-19 threat in India

NEW DELHI: The Indian women’s football team coach Ravi Shastri on Tuesday said that the team’s fitness programme has been customised for the 2022 World Cup to ensure that the players are in peak condition for the tournament.

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Jacqueline Fernandez has a ‘never seen before’ surprise for her fans with her upcoming song ‘Genda Phool’

The actress, who is known for her versatility and dedication to her craft, has been making headlines with her recent projects and now she is all set to surprise her fans with a never-seen-before surprise. Jacqueline Fernandez has announced that she will be releasing her new song ‘Genda Phool’ on the 26th of March 2020. The song will be produced under Desi Music Factory and will feature the actress in a new avatar.

Jacqueline Fernandez has been a talk of the town ever since she entered the film industry. The actress has been known for her dedication and hard work, and this new song will surely add to the hype that has been built around her. The song is expected to make a huge impact on the music industry and will certainly be a hit with her fans.

‘Genda Phool’ is a beautiful and romantic song that is produced under Desi Music Factory. The actress will also be seen dressed in a saree for the first time in the song, which will surely add to the excitement of her fans. The song will be released on the 26th of March 2020 and is expected to make a huge impact on the music industry.

People are advised to stay at home, and only leave when really necessary. Yet, many people are not understanding the seriousness of the situation, and thus, the government has issued guidelines for people to self-isolate themselves. However, there have been complaints from many regarding the lack of awareness and encouragement for people to self-isolate themselves.

Jacqueline Fernandez, Himanshi Khurana, Rana Ranbir, Parmish Verma, Binnu Dhillon, Jaswinder Bhalla and other actors took to their social media handles to share special videos. COVID-19 has taken over our lives, and all activity has come to a standstill. However, as the world has experienced a global pandemic, the actors have come together to spread awareness and encourage people to stay safe.

The song released yesterday has garnered worldwide attention, and fans have been flocking to YouTube to watch the video. The song features a beautiful melody and is sure to touch the hearts of people worldwide.

Shraddha Kapoor shares the legacy of the Gudhi Padwa tradition in her family, check it out!

On the work front, Jacqueline has been seen in a number of successful films like ‘Blackmail’, ‘Chhichhore’, ‘Kedarnath’ and ‘Bhavesh Joshi Superhero’. The actress has been on a roll with her recent projects and has been praised for her performances.

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Sara Ali Khan, the only young star among her contemporaries to have a coveted array of brands to her name, is an inspiration to many. She is known for her dedication and hard work, and her recent projects have made her even more popular.

The actress has been seen in a number of successful films like ‘Blackmail’, ‘Chhichhore’, ‘Kedarnath’ and ‘Bhavesh Joshi Superhero’. The actress has been on a roll with her recent projects and has been praised for her performances.

Shraddha Kapoor is an actress who has never failed to dazzle us with her acting skills and her versatility. She has been a part of many successful films, and her fans are eagerly waiting for her next big project.

The actress has been seen in a number of successful films like ‘Blackmail’, ‘Chhichhore’, ‘Kedarnath’ and ‘Bhavesh Joshi Superhero’. The actress has been on a roll with her recent projects and has been praised for her performances.


dir: Aman Prajapat. 

The melodious romantic song, again in a music video directed by Aman Prajapati, features Akshay Kumar. She has also marked her digital debut. The song will be released on the 26th of March 2020.

Sidhart and Shehnaaz's song Bhula Dunga hits 1 million views in 3 hours

On the work front, Jacqueline has been seen in a number of successful films like ‘Blackmail’, ‘Chhichhore’, ‘Kedarnath’ and ‘Bhavesh Joshi Superhero’. The actress has been on a roll with her recent projects and has been praised for her performances.
Sourav Ghosh/Reuters

India's daily coronavirus caseload fell to 12,641 for the first time in three months, health ministry data showed on Wednesday, as lockdown measures continue to curb the spread of the virus.

India has administered over 400 million coronavirus disease (Covid-19) vaccine doses, health minister Harsh Vardhan said on Wednesday.

The government is expected to receive 10-15 million doses of Covid-19 vaccines per week from April, the health ministry said.

India's confirmed infections, currently the third highest in the world, have crossed 119.71 million, while the death toll has reached 1,55,098,

The government announced the extension of the country's third lockdown for 19 more days, till May 17.

India has reported 4,65,41,038 recoveries from Covid-19, accounting for 39% of the world's total.

India's total Covid-19 caseload is currently the third highest in the world after the US and Brazil.
Cabinet Secretary holds VC with Chief Secretaries to review supply, transportation of essential goods

JAMMU: March 24 — In a meeting with the Chief Secretaries of all States/Union Territories, the Union Home Minister reviewed stock position of essential items available in the Union Territory and asked Secretaries FCS&CA to ensure that the essential items are not tampered with.

While reviewing the issue of tracks being held in many States, the Cabinet Secretary said that the District Magistrates have to take all possible measures to avert the essential items from the state. The track should not be allowed to be taken anywhere because of the non-compliance of the District Magistrates.

Lata, Chief Secretary reviewed stock position of essential supplies available in the Union Territory and asked Secretaries FCS&CA to ensure that the essential items are not tampered with.

Bharat said that the announcement put in place for maintenance of essential commodities and this move indicates the details put in place for maintaining the essential commodities. He directed the Secretary to install the essential items should not be dumped and be allowed to reach their destinations.

Considering the rise in the number of confirmed cases in the country, the Cabinet Secretary asked all the Ministers to upgrade their facilities to reach as many as possible. He added that the essential items should be fully equipped with the essential items and staff as necessary. He added that the measures put in place for tackling COVID-19 and that hospital should be a useful measure for the purpose.

The Cabinet Secretary directed the States/UTs that are present in the Parliament that essential items are being taken everywhere in the country for the welfare of the common man. They are also taking enough to keep the entire mandate of the people.

He said that the strict measures are being taken everywhere to ensure that there is no spread and for this we are taking all possible measures with the help of the common people. They are also taking enough to keep the entire mandate of the people.

Margh overlayed the significance of the district’s unique culture and the importance of the district in the development of the area. The Cabinet Secretary’s plan includes all the possible means available to maintain the essential items.

Greater efforts and practices are being adopted to ensure that the essential items are not tampered with.

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